

Week Three



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Spinach and Vegetable Pithiere	Beef Burgers <small>Made with Farm Assured Meat</small>	Mild Chicken and Coconut Curry <small>Made with Farm Assured Meat</small>	Toad in the Hole <small>Made with Farm Assured Meat</small>	Filo Fish Pie <small>Made with MCS fish</small>
Vegetarian Main Meal	Spinach and Vegetable Pithiere	Vegetable Burgers	Vegetable and Coconut Curry	Roasted Vegetable Casserole	Filo Vegetable Pie
Served with	Sald Bar	Chips Coleslaw	Rice	Roast Potato Broccoli Cauliflower	Peas
Deli Snack	Red Pepper and Sweet Potato	French Onion	Roasted Parsnip	Carrot and Ginger	Spicy Vegetable
Main Pudding	Plum Crumble	Sticky Toffee Pudding	Trifle	Bakewell Tart	Angel Delight
Snack Pudding	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts



Gluten Free, Dairy Free
and Vegan options
available daily

